



Mine Your Life for Story Gems

Pathways to Explore		Step 1 Find Your Story Gems	Step 2 Find the Deeper Meaning	Step 3 Link to Your Work
People	<ul style="list-style-type: none">• Teacher you'll never forget• Boss who gave the harsh feedback you needed• Loyal friend• Colorful roommate• Someone you hero-worshipped			
Places	<ul style="list-style-type: none">• Favorite places that evoke comfort & security• Unfamiliar or scary places that build suspense• Mountains and oceans to inspire imagination and adventure			
Events	<ul style="list-style-type: none">• Flunking your driver's test• Interviewing for your first job• Leaving for college• Narrow escape from disaster• How you met your spouse			
Objects	<ul style="list-style-type: none">• Your first car• Favorite food• Something you lost or broke• Cherished gift• Frivolous purchase			